**My Name is**

**\_\_\_\_\_\_,**

[INSERT THE NAME OF THE CHILD.]

**and I Am Happy!**

[INSERT A PHOTO OF THE CHILD.]

Susanne M. Alexander

and [INSERT THE NAME OF THE PERSON  
CUSTOMIZING THE BOOK]

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| --- |
| Quotation for Reflection:  ‘Abdu’l-Bahá began by saying, as he seated Himself: “Are you happy?” and our faces must have shown him that we were. He then said: “I love you all, you are the children of the Kingdom, and you are accepted of God.”  ~ ‘Abdu’l-Bahá, *‘Abdu’l-Bahá in London*, p. 85 |

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When children have well-developed characters, this will help prepare them to be happy and to establish healthy, lasting marriages later in their lives. This book is part of the project’s series of customizable character-related children’s books.

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‘Abdu’l-Bahá was happy. He asked everyone, “Are you happy?”



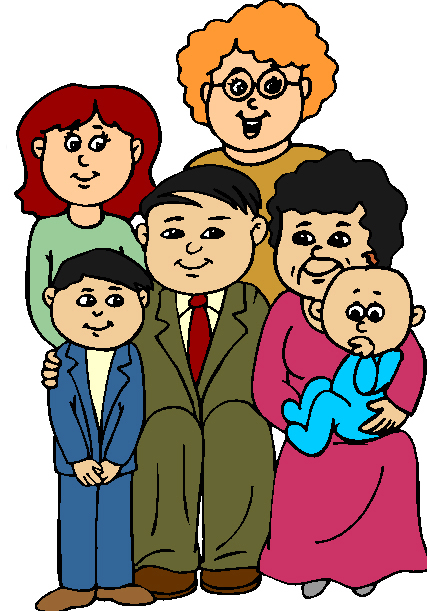
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He smiled. He laughed. He told funny stories.

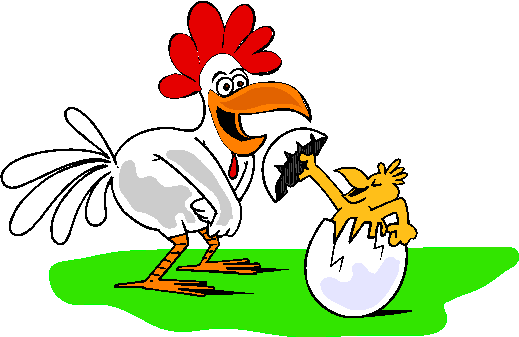
‘Abdu’l-Bahá helped people to love God and Bahá’u’lláh.

He did many things that made people happy.

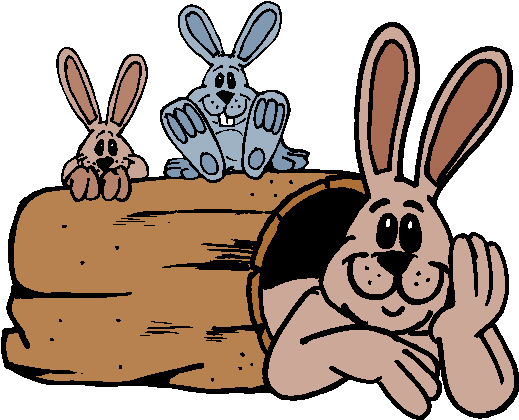
“What makes you feel happy?” asks Everyone.



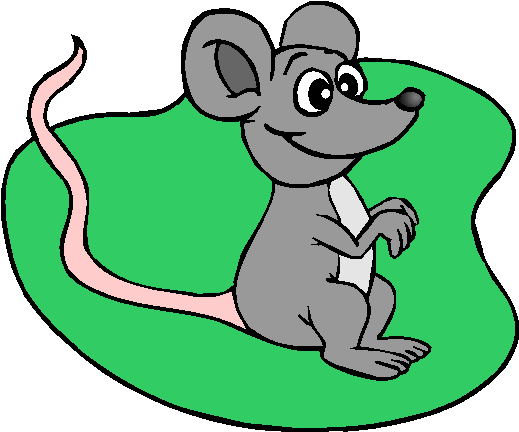
“I am happy that my mother loves me,” says Chick.



“I am happy that my father loves me,” says Rabbit.



“I am happy when I pray with my family or at Bahá’í children’s classes,” says Mouse.



“I am happy when I think of God,” says Deer.



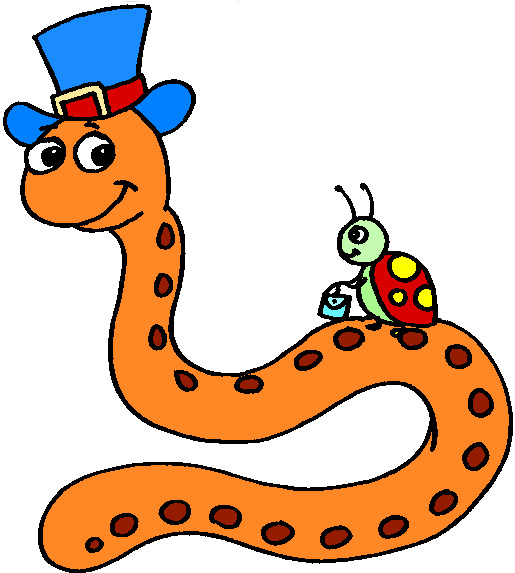
“What makes you feel happy?” laughs Dog.



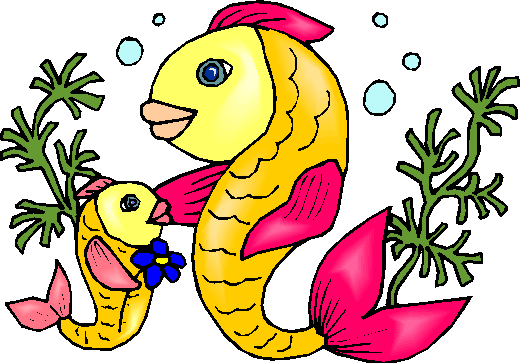
“I am happy when I visit and play with my friends. They are happy, too,” says Mouse.



“I am happy when Worm helps me with a ride to Bahá’í children’s classes,” says Ladybug. “I’m happy to be of service to Ladybug,” says Worm.



“I am happy when I can swim with my family to go to the 19-Day Feast,” says Fish. “I am happy when I can give to the Bahá’í Fund at Feast.”



“What makes you feel happy?” jumps Bear.



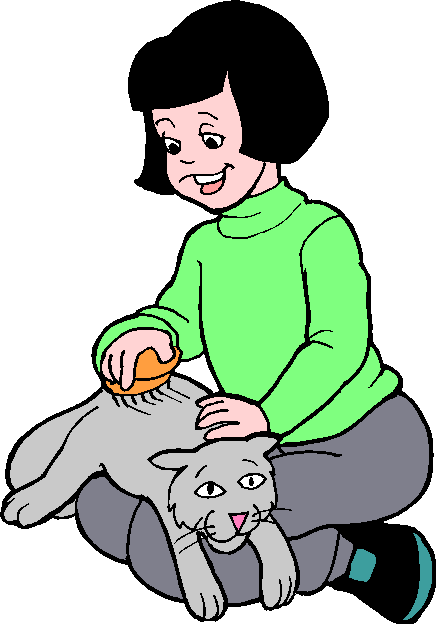
“I am happy when I am clean,” says Elephant.



“I am happy when I read books or someone reads books to me,” says the Boy.

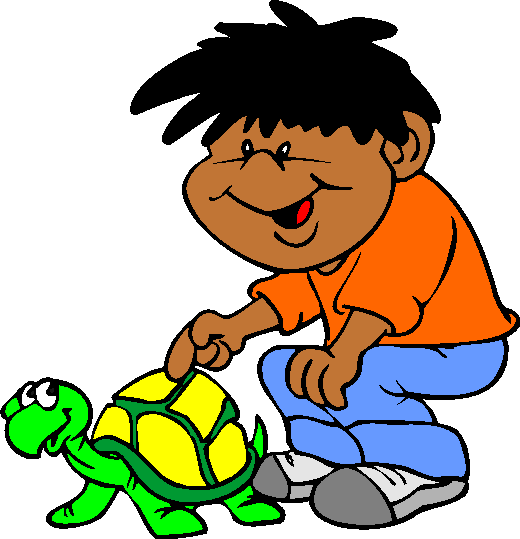


“I am happy when I am gentle with my Cat,” says the Girl. “Cat is happy when I am gentle, too!”



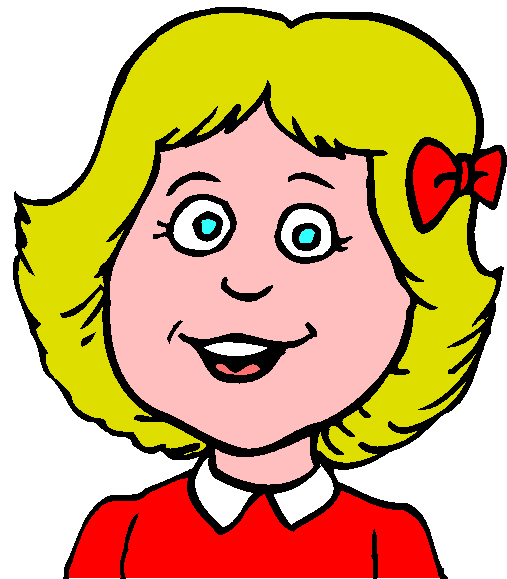
“How can I tell when you feel happy?” asks the Boy.

I smile and laugh when I feel happy,” he says.



“I sing when I feel happy,” says Bird. “When I sing, it helps others to feel happy, too.”

“I feel happy when I help my parents,” says the Girl.



“I color flowers when I am happy,” says the Girl.

“I give the pictures to my family and friends. That helps them to feel happy, too!”



”I am happy when I think about how much  
‘Abdu’l-Bahá loves me,” says [INSERT THE NAME OF THE CHILD.]



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‘Abdu’l-Bahá wants to know:

“Are YOU happy?”

“Yes, I am happy!”

says \_\_\_\_\_\_\_\_\_

[INSERT THE NAME OF THE CHILD.]

[INSERT A PHOTO OF THE CHILD.]